

REIMBURSEMENTS OVERVIEW AS OF 01/01/2023

‘Nationale-Nederlanden Jij & Gemak’ additional insurance package (model number: 6701531) version 1

This is an additional mixed insurance package. Please refer to clause C.2.2 of the Terms and Conditions of Health Insurance and Additional Insurance Packages.

In-kind healthcare is subject to different reimbursements for healthcare provided by a healthcare provider who has a contract with us and for healthcare provided by a non-contracted healthcare provider. This overview lists the reimbursement percentages for the healthcare in question. All other healthcare is provided on a refund basis.

This Reimbursements Overview contains several columns:

- the centre column, ‘Amount reimbursed’, contains amounts, quantities, hours and/or reimbursement periods. These are always the maximum amounts, quantities, hours and/or reimbursement periods. The reimbursement percentages are calculated in accordance with the statutory rates, agreed rates or the market rates applicable in the Netherlands. For more information, please refer to clause A.20.
- there is a number in the last column, ‘Terms and conditions’. This number refers to a clause in the Terms and Conditions of Health Insurance. This clause specifies the terms and conditions which you need to meet in order to receive the reimbursement in question.

What is reimbursed	Amount reimbursed	Terms and conditions
Alternative treatment methods		
Alternative treatment methods	€250 per year for Alternative and/or psychosocial treatments (€25 per day) and medicines (100%) combined	D.7. D.7. D.7.1. and D.7.2.
Urgent care abroad		
Urgent care abroad	100% of the claimed rate outside the Netherlands/your country of residence.	D.14. D.14.a.
- Urgent oral care abroad	€275 per year	D.14.b.
- Repatriation	100% (in the event of illness)	D.14.c.
Physiotherapy and/or Cesar/Mensendieck exercise therapy		
Physiotherapy and/or exercise therapy from the age of 18	12 sessions per year (100% of the agreed rate for healthcare providers with a contract for this healthcare; for non-contracted healthcare providers, 75% of the bill up to max. 75% of the average rate agreed with contracted healthcare providers)	D.16. D.16.1.
Skin therapies		
Acne treatment	€230 per year	D.10. D.10.3.
Medical aids		
Post-mastectomy lingerie	€90 (following a mastectomy) once per insured person	D.1. and D.4. D.4.22.
Glasses, contact lenses and laser eye surgery	€100 per 2 years	D.4.7.a/b/c and D.1.4.

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Informal care		
Carer course	€150 once per insured person	D.24.1.
Carer relief	14 days per year for the carer and/ or the recipient of the informal care	D.24.2.b.
Informal care broker	7 hours once per carer	D.24.3.
Medicines		
Contraceptives	€200 per year from the age of 21	D.3.5.b.
Oral care		
Oral care	€250 per year (75% per treatment)	D.8.1. to D.8.4.
Oral care in the event of an accident	€10,000 per accident	D.8.6.
Prevention		
Prevention for travel abroad		D.2.3.
- Tablets to prevent malaria and typhoid	100%	D.2.3.a.
- Vaccinations	100% for vaccinations for DTP, MMR, hepatitis A, B, A/B, yellow fever, typhoid and blood tests for hepatitis B	D.2.3.b.
Foot care		
Foot care	€70 per year for general foot care;	D.15.1.
Orthotic insoles and medical aids for foot care	€60 per year	D.4.8. and D.4.9.
Non-standard terms and conditions		
'Meegroeiservice'		C.11.3.8.